

“By staying calm, you increase your resistance against any kind of storms”. Mehmet Murat Ildan – Turkish Playwright



GCP Term two calendar 2024

		Mon	Tues	Wed	Thurs	Fri	Sat	Sun
1	May	29 th Staff professional development day (No preschool)	30 th First Day of Term Two <i>Integrity trial 9.30-12</i>	1 st	2 nd	3 rd	4 th	5 th
2		6 th Trinket The Robot 10AM Jenny Ellis	7 th <i>Integrity trial 9.30-12</i> Annual General Meeting 7.30PM	8 th	9 th	10 th	11 th	12 th
3		13 th <i>Lockdown practice this week</i> 	14 th <i>Integrity trial 9.30-12</i>	15 th 	16 th Trinket The Robot 10AM Jenny Ellis 	17 th Speech screen Fiona Mason	18 th	19 th
4	June	20 th	21 st <i>Integrity trial 9.30-12</i>	22 nd National Simultaneous Story Time	23 rd Board Meeting	24 th	25 th	26 th
5		27 th	28 th <i>Integrity trial 9.30-12</i>	29 th	30 th	31 st	1 st	2 nd
6		3 rd Visitor's morning tea Y2 and B2	4 th <i>Integrity trial 9.30-12</i>	5 th Visitor's Morning Tea G3 and R3	6 th Visitor's Morning Tea Y3 and R2	7 th Visitor's Morning Tea G2 and B3	8 th	9 th
7		10 th KING'S BIRTHDAY HOLIDAY	11 th <i>Integrity trial 9.30-12</i>	12 th	13 th	14 th	15 th	16 th
8	July	17 th Fire Drill this week	18 th <i>Integrity trial 9.30-12</i>	19 th 	20 th 	21 st 	22 nd	23 rd
9		24 th	25 th <i>Integrity trial 9.30-12</i>	26 th	27 th Board Meeting	28 th	29 th	30 th
10		1 st	2 nd <i>Integrity trial 9.30-12</i>	3 rd	4 th	5 th	6 th Last Day term 2	7 th
		8 th	9 th	10 th	11 th	12 th	13 th	14 th
		15 th	16 th	17 th	18 th	19 th	20 th	21 st

Calm.....

This term's wellbeing/self care focus for parents and teachers is on nurturing a sense of "calm". What decisions can you make in order to bring a sense of calm into your life? Can you continue the focus on nature we considered last term? "Creating a calm environment doesn't always mean sitting in quietude. It can involve anything to help you to feel more tranquil" Could you make a playlist of your favourite calming songs? Could you commit to creating small periods of tech free time? How about saying "no" to something you don't particularly want to do or don't have time to do and then using the time gained for yourself?

(From every day matters diary, 2024 Jess Sharp).